



**DESCRIPTION** VISCO Instant Clear is a xanthan gum based instant food and drink thickener. It is for the dietary management of patients with swallowing difficulties and must be used under supervision

**PACKING** 240g Re-sealable tin with a 1.0g scoop.

**INGREDIENTS** Maltodextrin, Xanthan Gum, Erythritol

**ALLERGEN** Vegetarian, Vegan, Gluten Free, Amylase Resistant, Lactose and Allergen free

**RECOMMENDED DOSAGE** It is the responsibility of the person administering VISCO Instant Clear to ensure the liquid or food is mixed to the appropriate consistency

IDDSI FRAMEWORK	200ml Hot or Cold Liquid	Cost Per 200ml Portion
LEVEL 2/ MILDLY THICK	2 Scoops	12.5p
LEVEL 3/ MODERATELY THICK	4 Scoops	25.0p
LEVEL 4/ EXTREMELY THICK	6 Scoops	37.5p

\*1 Scoop = 1.0g

**MIXING INSTRUCTIONS**

**FOR THICKENING LIQUIDS:** Use the dosage scoop included in the tin 1. For best results, add the powder to a clean, dry cup, glass, or beaker 2. Add the liquid to the powder 3. Start stirring immediately, until the powder is completely dissolved 4. Leave to stand for approximately 5 minutes before serving

**NUTRITION INFORMATION**

Average nutritional information per 100g:

Calorific value kJ / kcal	1251kJ / 299kcal
Protein (g)	1.2
Carbohydrates (g)	59.5
of which sugar (g)	4.2
Fat (g)	0.0
of which saturated fatty acids (g)	0.0
Dietary fibre (g)	28.0
Salt (g)	3.3